

# coop deals®

APR 15 - APR 28, 2026

*pair with ice cream*

Enjoy the warm spring weather with a delicious Olipop soda. Try the Classic Root Beer flavor and make a float with your favorite ice cream. The co-op has these on sale so you can enjoy a taste of nostalgia and support your digestive health.



**3/\$6**

**Olipop**  
**Prebiotic Sodas**  
12 fl. oz., selected varieties



**BO GO**

**Buy One, Get One**  
**FREE**  
**Garden of Life**  
**Grass-fed Collagen Peptides**  
9.87-19.75 oz., selected varieties

**INCLUSIVE TRADE PARTNER**

Giovanni is a veteran-owned company. We make cutting-edge, fashion-forward natural hair care a reality.



**inclusive trade** **BO GO**

**Buy One, Get One**  
**FREE**  
**Giovanni**  
**Shampoos or Conditioners**  
8.5-13.5 fl. oz., selected varieties



**BO GO**

**Buy One, Get One**  
**FREE**  
**Angie's Boomchickapop**  
**Popcorn**  
4.4-7 oz., selected varieties



**Buy One, Get One**  
**FREE**

*more offers inside!*

**BO GO**



**4.49**

**Chobani Oatmilk**  
52 fl. oz., selected varieties



**2/\$4**

**Icelandic Provisions Skyr Yogurts**  
4.4-5.3 oz., selected varieties



**3.49**

**Stumptown Coffee Roasters Cold Brew Coffee**  
10.5 fl. oz.



**4.49**

**Ripple Plant-based Milk**  
48 fl. oz., selected varieties

COOPERATIVELY OWNED



**4.99**

**Kerrygold Pure Irish Butter**  
8 oz., selected varieties



**4.99**

**Bellwether Farms Organic Whole Milk Yogurt**  
16 oz., selected varieties



**5.69**

**Lifeway Organic Kefir**  
32 fl. oz., selected varieties

*protein rich* →

A creamy, velvety delight where every spoonful is a symphony of rich and refined flavor.

**6.49**

**Fage Greek Yogurt**  
32 oz., selected varieties



**5.39**

**Califia Farms Organic Plant-based Milk**  
48 fl. oz., selected varieties

**Stock the fridge with options from the co-op.**



**3.49**

**Wildwood Organic High Protein Tofu**  
16 oz.



**3.99**

**Daiya Plant-based Block, Sliced or Shredded Cheese**  
7.1-8 oz., selected varieties



**8.99**

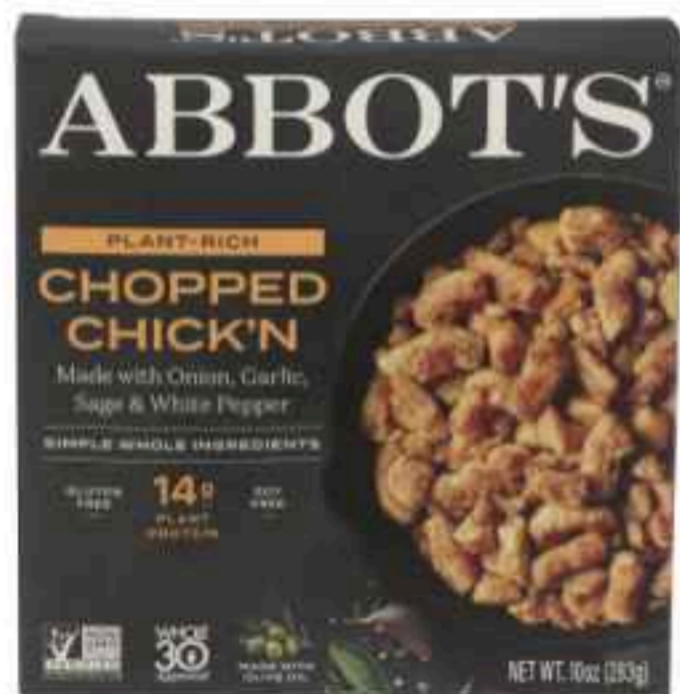
**Smart Chicken Organic Boneless Skinless Breast Fillet**  
per pound

COOPERATIVELY OWNED



**5.99**

**Organic Valley Block Cheese**  
8 oz., selected varieties



**6.49**

**Abbot's Butcher Plant-based Protein**  
10 oz., selected varieties



**13.49**

**Thousand Hills Grass-fed NY Strip Steak**  
8oz.

*stay hydrated* →

Sourced from organic young Nam Hom coconuts grown in Thailand, supporting farms committed to ethical and sustainable practices from harvest to bottle.

**4.79**

**Harmless Harvest Organic Coconut Water**  
16 fl. oz., selected varieties



**5.99**

**Mt Vikos Organic Feta Cheese**  
6 oz.

**The co-op has your mealtime essentials.**

Some items may not be available at all stores or on the same days



**5.49**

**Ben & Jerry's  
Ice Cream or Non-dairy  
Dessert**  
14.4-16 fl. oz., selected varieties

*always organic, never ordinary*

Bursting with flavor and packed with nutrients, Cascadian Farm organic fruit is perfect for smoothies, baking and healthy snacking. Organic goodness, ready when you are.

**12.99**

**Cascadian Farm  
Organic Frozen Fruit**  
28-32 oz., selected varieties



**4.99**

**Applegate  
Breakfast Sausage**  
7 oz., selected varieties



**6.99**

**Beyond  
Plant-based  
Steak Tips**  
10 oz., selected varieties



*fresh flavors*

Brighten up your favorite recipes with Woodstock Frozen Vegetables! Our products are available in organic varieties and don't require any cutting, dicing or peeling — making mealtime quick and convenient!



**2/\$6**

**Woodstock  
Organic Frozen Vegetables**  
10 oz., selected varieties



**10.99**

**Beecher's  
Mac & Cheese**  
18-20 oz., selected varieties



**10.99**

**Against the Grain  
Gluten & Grain-free  
Pizzas**  
22.4-24 oz., selected varieties

**Fill the freezer with great deals from the co-op.**



**2/\$5** Epic Meat Bars  
1.3-1.5 oz., selected varieties



**3.79** Nature's Path Organic Toaster Pastries  
6 pk.-1.8 oz., selected varieties



**3.99** Rebbl Organic Functional Beverages  
12 fl. oz., selected varieties



**2/\$8** Annie's Chewy Granola Bars  
4.45-5.34 oz., selected varieties



**2/\$8** Cascadian Farm Organic Cereals, Granolas or Granola Bars  
7.4-14.6 oz., selected varieties



**4.39** Lightlife Organic Tempeh Strips  
6-7 oz., selected varieties



**4.39** Milkadamia Macadamia Milk  
32 fl. oz., selected varieties



**4.99** Nature's Path Organic Love Crunch Granola  
11-11.5 oz., selected varieties



*energize, sustain and nourish*

Baked with delicious, wholesome ingredients and purposefully crafted with a blend of protein, fat and carbs to keep you moving.

**2/\$3**

Clif Nutrition Bars  
2.4 oz., selected varieties



**2/\$4**

Rxbar Protein Bars  
1.83oz., selected varieties

**The co-op is the place for on-the-go snacks.**



Buy One, Get One

**FREE**

The Humble Co.  
Mint Floss Picks  
50 ct.



Buy One, Get One

**FREE**

Violife  
Just Like Spreads  
5.29-8 oz., selected varieties



Buy One, Get One

**FREE**

Liquid I.V.  
Hydration Multiplier  
Drink Mixes  
4.58-5.65 oz., selected varieties



Buy One, Get One

**FREE**

Orgain  
Nutritional or Protein  
Shakes  
11-14 fl. oz., selected varieties



Buy One, Get One

**FREE**

MegaFood  
Turmeric Curcumin  
60 ct.



Buy One, Get One

**FREE**

Vita Coco  
Coconut Waters  
16.9 fl. oz., selected varieties

Find amazing BOGO deals at the co-op.



**2/\$3**

**Epic Meat or Seafood Strips**  
.8 oz., selected varieties



**2/\$4**

**Just Ice Tea Organic Teas**  
16 fl. oz., selected varieties



**2/\$4**

**Nixie Organic Zero Sugar Sodas**  
12 fl. oz., selected varieties



*unwrap impact*

This chocolate brings flavor with a purpose — fair trade roots, farmer-first sourcing and packaging crafted to minimize impact and maximize feel-good fun.

**Buy One, Get One**

**FREE**

**Alter Eco Organic Chocolate Bars**  
2.65-2.96 oz., selected varieties



COOPERATIVELY OWNED



**3.99**

**Blue Diamond Nut Thins**  
4.25 oz., selected varieties



*made with purpose*

By purposefully selecting our ingredients, we're building a food system rooted in delicious, nourishing food — made with care for people and the planet.

**3.79**

**Simple Mills Cookies or Crackers**  
4-5.5 oz., selected varieties



**4.49**

**Annie's Organic Graham Crackers**  
14.4 oz., selected varieties



**4.99**

**Patagonia Provisions Organic Crackers**  
4.4 oz., selected varieties



**Step up your snack game at the co-op.**



**1.79**  
**Steaz**  
**Organic Tea**  
 16 fl. oz., selected varieties



**2/\$8**  
**Muir Glen**  
**Organic Salsas**  
 16 oz., selected varieties



**4.49**  
**Siete**  
**Grain-free Tortilla Chips**  
 5 oz., selected varieties



**6.49**  
**San Pellegrino**  
**Italian Sparkling Drink**  
 6 pk.-11.15 fl. oz. cans, selected varieties



**6.99**  
**Lakewood**  
**Organic Pure Lemon Juice**  
 32 fl. oz., selected varieties



**2/\$7**  
**Kettle Brand**  
**Potato Chips**  
 4.25-5 oz., selected varieties



**2/\$10**  
**Waterloo**  
**Sparkling Waters**  
 12 pk.-12 fl. oz. cans, selected varieties



# Earth Day

**COOPERATIVELY OWNED**  
 Small-scale farmers are the stewards of the Earth's ecosystems, while facing the brunt of impacts from climate change. This Earth Day, and every day, your purchases support small-scale farmer organizations and their work in sustainability and climate resiliency.



**4.29**  
**Equal Exchange**  
**Organic Chocolate Bar**  
 2.8-3.5 oz., selected varieties



**7.99**  
**Equal Exchange**  
**Organic Chocolate Chips**  
 10 oz., selected varieties



**2/\$8**  
**Equal Exchange**  
**Organic Teas**  
 20 ct., selected varieties



**10.99**  
**Equal Exchange**  
**Organic Coffee**  
 10-12 oz., selected varieties

**The co-op has something for everyone.**



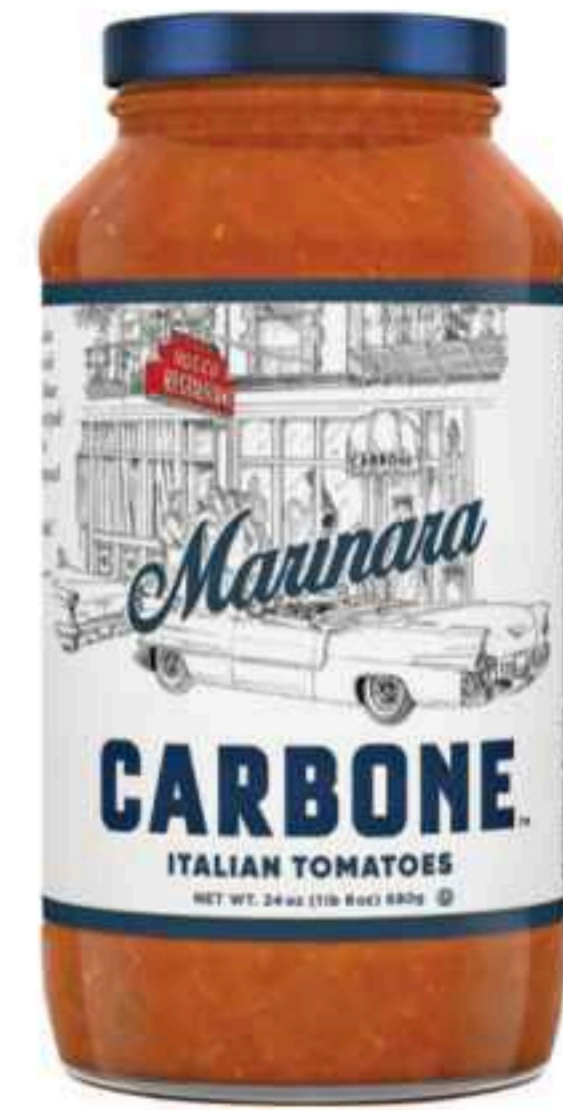
**3.99**

Amy's  
Soup  
13.65-14.7 oz., selected  
varieties



**3.99**

Jovial  
Organic Brown  
Rice Pasta  
12 oz., selected varieties



**7.69**

Carbone  
Pasta Sauce  
24 oz., selected varieties



**3.99**

Woodstock  
Organic Olives  
8.4-8.5 oz., selected  
varieties



**3.99**

Kitchen Basics  
Organic Stock  
32 fl. oz., selected  
varieties



**6.49**

Manitoba Harvest  
Hemp Hearts  
8 oz.



**4.49**

Justin's  
Peanut Butter  
16 oz., selected varieties



**5.99**

Patagonia  
Provisions  
Tinned Seafood  
4.2 oz., selected varieties



**8.99**

Primal Kitchen  
Mayonnaise  
12 fl. oz., selected  
varieties

scoop up the savings in bulk!



**2.79** Organic Garbanzo  
Beans  
per pound in bulk



**6.99** Organic Pitted  
Prunes  
per pound in bulk



**7.99** Organic Walnut  
Halves & Pieces  
per pound in bulk

**Stock the kitchen with deals from the co-op.**



**4.49**  
Mrs. Meyer's  
Liquid Hand Soap  
12.5 fl. oz., selected  
varieties



**4.49**  
Mrs. Meyer's  
Liquid Dish Soap  
16 fl. oz., selected  
varieties



**5.39**  
Dr. Bronner's  
All-One Toothpaste  
5 oz., selected varieties



**8.99**  
Heritage Store  
Rosewater Facial Mist  
8 fl. oz.



**9.99**  
HiBAR  
Shampoo or  
Conditioner Bar  
2.7-3.2 oz., selected  
varieties



**11.99**  
Tru Earth  
Laundry Detergent  
Strips  
32 ct., selected varieties



**12.39**  
Alaffia  
Bubble Bath  
32 fl. oz., selected varieties



**12.39**  
Alaffia  
Everyday Shea  
Body Wash  
32 fl. oz., selected  
varieties



**12.39**  
Alaffia  
Everyday Shea  
Shampoo or  
Conditioner  
32 fl. oz., selected varieties



**12.39**  
Alaffia  
Everyday Shea  
Body Lotion  
32 fl. oz., selected varieties

*powered  
by shea*

**INCLUSIVE TRADE PARTNER**  
This Black-owned brand offers nourishing body care made with fair trade shea, traditionally crafted by women-led cooperatives in West Africa to deliver feel-good everyday products that positively impact people and planet.

**Find the products you love at the co-op.**

supplements  
you can trust

Since 1973, **Solaray** has believed that quality should be proven, not promised. That's why our 700+ vitamins, minerals and herbs are made in Utah with global ingredients that are triple-tested for purity and potency—ensuring quality in every capsule.



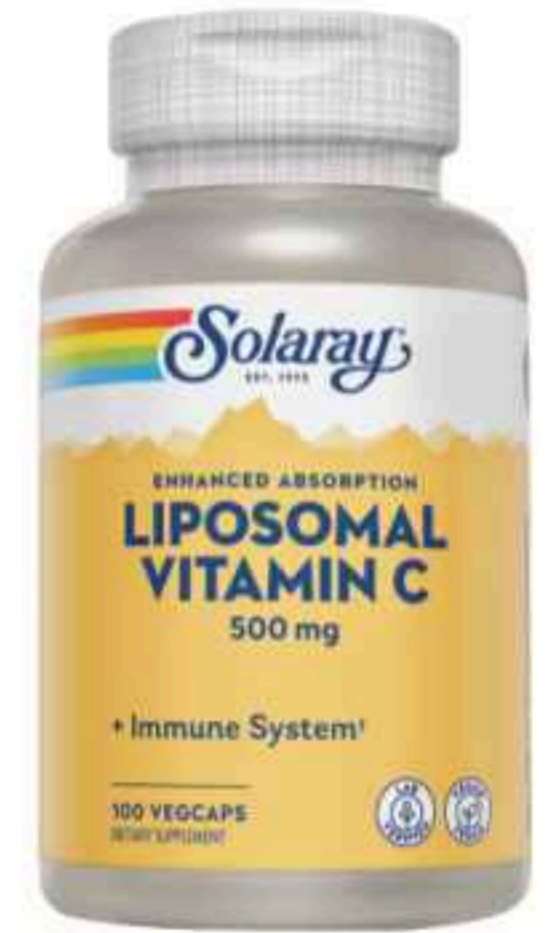
Buy One, Get One  
**FREE**  
Solaray  
D-Mannose with CranActin  
60 ct.



**10.49**  
Solaray  
Vitamin D3 + K2  
60 ct.



**11.99**  
Solaray  
Magnesium  
Glycinate 350mg  
120 ct.



**16.99**  
Solaray  
Liposomal  
Vitamin C  
100 ct.



**7.99**  
Bach  
Rescue Remedy  
Pastilles  
35 ct., selected varieties



**19.99**  
SmartyPants  
Organic Kids Multi  
& Omegas  
Gummies  
120 ct.



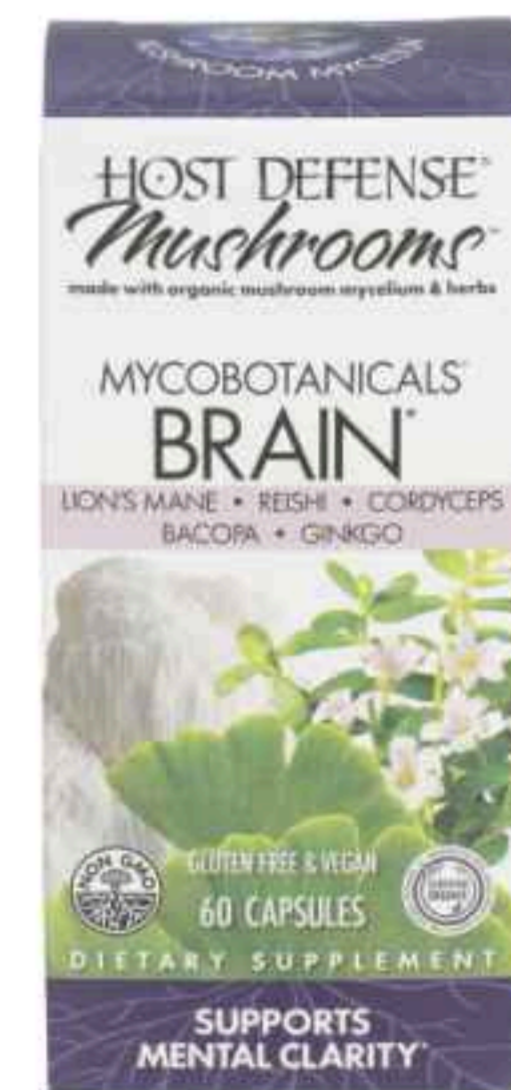
**20.99**  
Flora  
Super 8 Hi-  
Potency Probiotic  
30 ct.

turmeric, done right

Looking for a turmeric that works harder? This enhanced formula delivers even more curcuminoids and now includes black pepper to support better absorption. Still crafted with care and quality at Gaia Herbs for both people and planet.

**21.99**

Gaia Herbs  
Extra Strength Turmeric Supreme  
60 ct.



**23.99**

Host Defense  
MycoBotanicals Brain Supplement  
60 ct.

Spring into wellness at the co-op.

**Shop for fresh, delicious, local food at a co-op near you.**

**ALASKA**

Co-op Market Grocery & Deli

**ARIZONA**

Food Conspiracy Co-op

**CALIFORNIA**

- BriarPatch Food Co-op
- Chico Natural Foods Cooperative
- Co-opportunity Market
- Davis Food Co-op
- Feather River Food Co-op
- Isla Vista Food Co-op
- North Coast Co-op
- Ocean Beach People's Organic Food Co-op
- Placerville Food Co-op
- Sacramento Natural Foods Co-op
- SLO Food Co-op
- Ukiah Natural Foods Co-op

**IDAHO**

- Boise Co-op
- Moscow Food Co-op

**MONTANA**

Community Food Co-op

**NEVADA**

Great Basin Community Co-op

**OREGON**

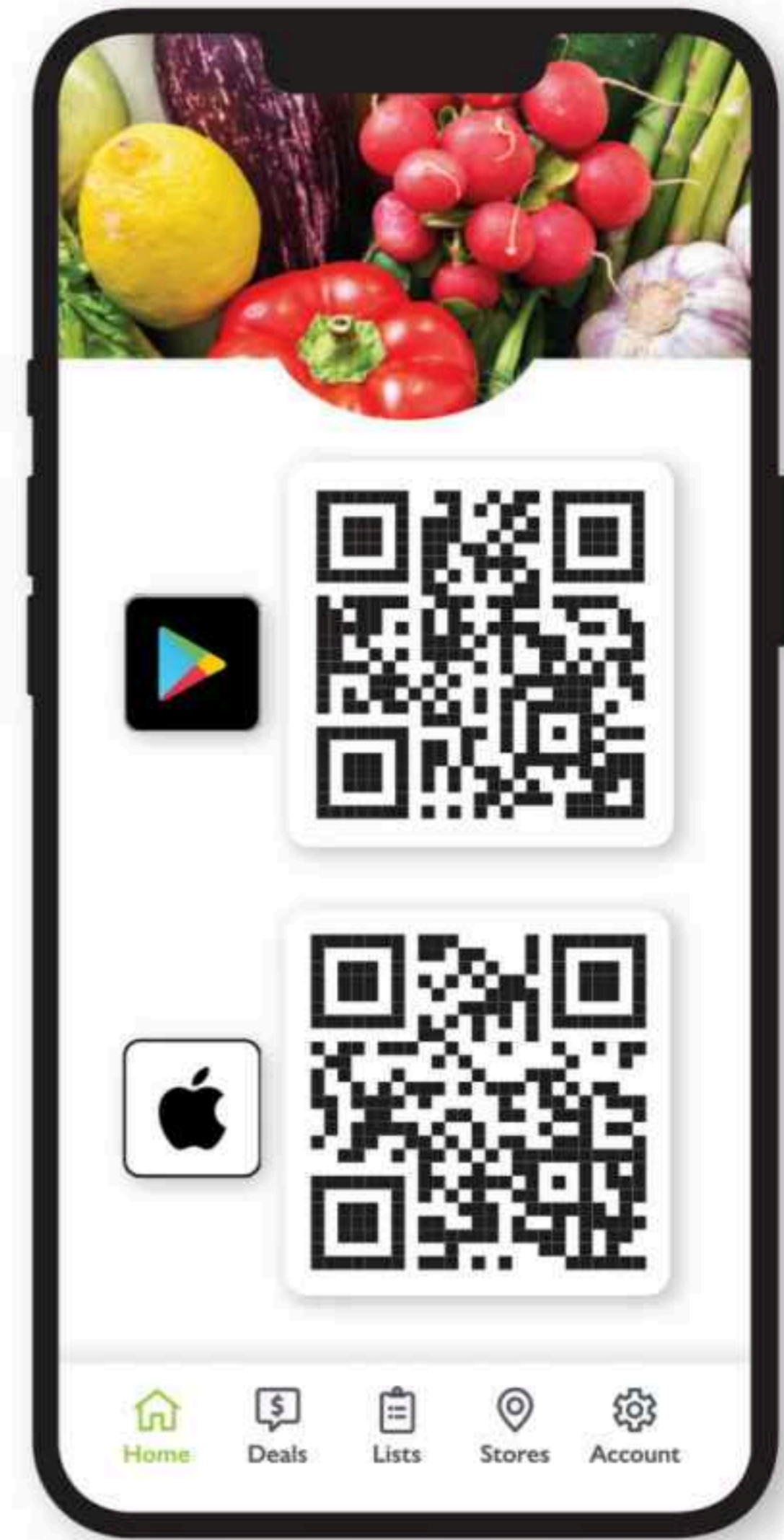
- Alberta Cooperative Grocery
- Ashland Food Co-op
- Astoria Co+op
- Coos Head Food Co-op
- First Alternative Co-op
- Medford Food Co-op
- People's Food Co-op

**WASHINGTON**

- Central Co-op
- Community Food Co-op
- Main Market Co-op
- Olympia Food Co-op
- Orcas Food Co-op
- Skagit Valley Food Co-op
- Sno-Isle Food Co-op
- The Food Co-op

**coop deals.**

**Download the App!**



*See what's on sale with the Co+op Deals app!*

Already an app user? Be sure to update to the latest version on the Apple App or Google Play store.

*clean safer this spring*

Using the power of plant science, we create products that get the job done and are safer for your family. From renewable plant-based ingredients to more sustainable packaging, our products redefine what it means to clean with purpose.



**2.79**

**Seventh Generation Unbleached Paper Towels**  
each



**9.99**

**Seventh Generation 100% Recycled Bath Tissue**  
12 ct.



**3.79**

**Seventh Generation Liquid Dish Soap**  
19 fl. oz., selected varieties



**13.99**

**Seventh Generation Liquid Laundry Detergent**  
23.1-90 fl. oz., selected varieties



Scan the QR code to learn more about the quality and values represented by these symbols.



Some items may not be available at all stores or on the same days.



PWNW0426B