

Garbanzo Gazette

Silver City Food Co-Op Monthly Newsletter

July 13th, 2026



907 N. Pope Street,
Silver City NM 88061
575-388-2343

Open Monday thru
Saturday
8a.m.-8p.m.
Sunday
9a.m.-6p.m.

**Healthy
food and
community
since 1974**

Upcoming Events

- **Co+Op Deals: July 1st-July 14th**
- **Co+Op Deals: July 15th-August 4th**
- **Youth Activities: STEAM camp, Gila Valley Library**

Welcome to July!

Here are some notable days in the month of July

- **July 4th- Independence Day:** On this day in 1776, the Declaration of Independence was passed, separating the 13 American colonies from Great Britain.
- **July 7th- World Chocolate Day:** Honoring the beloved treat worldwide.
- **July 14th- Bastille Day:** celebrated in France, marks the Storming of Bastille in 1789, as well as the celebrating the unity of French people starting in 1790.
- **July 21st - Apollo 11 Moon Landing:** the day Neil Armstrong became the first human to walk on the moon.
- **Plastic Free July:** Encourages the reducing the use of single-use plastics and practicing sustainability throughout the month.

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July Fun Fact

Prior to the reform of the Roman calendar by Julius Caesar in 46 BC, July was formerly the fifth month of the year known as Quintilis. After Julius Caesar was assassinated in 44 BC, the Roman senate renamed the month Julius, in honor of him since it was his birthday month.

WE'RE ONLINE! www.silvercityfoodcoop.coop

Follow us!



Co-Op Community

Discover how you and your Silver City Food Co-Op are finding ways to give back to our community.

Round-Up Program



The Silver City Food Co-op invites you to "Round Up." This means as a customer you can round up the balance of your total purchase to the nearest dollar, thereby donating that amount to a local non-profit. Donation recipients change every month. Information can be obtained at the cash registers when you check out. Many thanks to our cashiers who make this program work so that we can all give to our community.

The Silver City Food Co-Op has been a proud sponsor of the Round-Up program since 2016. Thank you to all our customers and members who have made this program a success!

This Month's Recipient The Future Forge Makerspace

At The Future Forge we believe that when people feel respected and included they can be more creative, innovative, and successful. We are always recruiting, retaining, and promoting a diverse mix of individuals who are representative of the diversity in our community. Our makerspace offers great opportunities and is accessible to individuals with different needs, preferences, and disabilities. Cultivating a culture where all members can bring their best selves to the makerspace and build a more inclusive and equitable community.



Visit the link to the right to discover more ways you can help!

Visit www.thefutureforge.org for more info!

Co-Op Community

The Silver City Food Co-op follows the seven cooperative principles including Concern for Community. We strive to connect in meaningful ways to our community through various endeavors.

More Ways to Help in our Community



Upper Gila Watershed Alliance

The Upper Gila Watershed Alliance is a non-profit watershed protection and conservation organization working to promote the long-term health of the Upper Gila Watershed and its communities of life. Through advocacy, education, research and restoration projects, we are striving to build communities of stewards in more locally based economies.

The Upper Gila Watershed Alliance collaborates with partners to create opportunities for students to engage in educational activities along the banks of the Gila River, and to forge lasting connections with riparian habitats. Hosted events like the Children's Water Festival is a unique educational event that allows the 5th graders of Grant, Hidalgo, and Luna Counties to visit and explore the Gila River and learn about the ecology of the watershed. The Upper Gila Watershed Alliance (UGWA) collaborates with The Nature Conservancy (TNC) to help students make lasting connections with the riparian habitat and its plants and animals. Given this opportunity, students learn to love the river and, as a result, want to protect it. Despite the river's proximity to Silver City, every year we find students who have never been to the Gila River. The festival brings both fun and educational experiences to the students and the families in our community.

They also participate in the New Earth Project, which collects food surplus from school cafeterias and combines it with woody biomass, agricultural byproducts and biochar to produce a fungally dominant compost that restores soil with living microorganisms. The project employs the youth of our area, giving them new skills and knowledge for them to be strong leaders in the workforce.

To learn more about the Upper Gila Watershed Alliance and how you can help make a difference, visit their website! Or reach out via email, phone, or in person meeting.

Visit www.gilawatershed.org to learn more and see how you can help!

Environmental Awareness

The Importance of Water Conservation

Water scarcity is a growing global issue affecting multiple parts of the world. Change in weather patterns, technological expanses, legislation, and population are some of the factors that have led to water scarcity issues. According to the United Nations, over 40% of the global population currently experiences water shortages, and this figure is expected to grow in the coming years. To make matters worse, less than 3% of the world's water supply is freshwater suitable and accessible for human use (earth.org).

Water is essential for life for the entire planet. As individuals, we can look at the ways we use water in every day life and develop new habits that contribute to the efforts for water conservation for all.

To learn more about how you can help in water conservation efforts, visit

www.earth.org/understanding-the-importance-of-water-conservation/

Produce of the Month

Our produce department team takes pride in bringing everyone in our community healthy fruits & veggies from farm to table. Check out this month's feature!

Jake's Produce Picks



Peaches

Watermelon



Although we enjoy it as a fruit, watermelon is actually a vegetable belonging to the Cucurbitaceae family, along with squash and cantaloupe. There are over 200 varieties of watermelon, in various sizes, shapes, and colors. A simple wedge of watermelon is a classic summertime treat, but watermelon is also remarkably versatile. Add it to cold soups, fruit platters, salsa and pickles. Have some fun combining it with other cut up fruits in this Fruit Flower Blossoms treat, or pair its fresh clean taste with salty prosciutto and refreshing mint in this recipe for Summer Melon Salad with Mint and Prosciutto.

Ingredients

- 1 small seedless watermelon, between 3-4 pounds
- 1 pound cantaloupe (about 1/2 medium-sized melon)
- 1/4 cup loosely packed fresh mint leaves, minced
- 6 ounces feta cheese, crumbled or cut in 1/2-inch cubes
- 6-8 ounces prosciutto or ham, thinly sliced
- 1/4 cup red wine vinegar
- 2 tablespoons olive oil
- Salt and ground black pepper, to taste

Preparation

Cut each of the melons in half. Scoop the seeds out of the cantaloupe. Using a sharp knife, trim the rind off the melons and cut the flesh into 1-inch cubes. Gently mix all ingredients in a large mixing bowl. Serve on crisp lettuce leaves and garnish with the prosciutto.

Peaches—luscious, sweetly aromatic and delicious—are arguably the perfect fruit. It's little wonder we use the word "peachy" to describe something being just right. In China, where peaches originated and still grow wild, the fruit has long been a symbol of happiness, riches and longevity. Not surprisingly, China leads the world in commercial peach production today, followed by Italy and the United States.

Combine peach slices or chunks with cherries, cantaloupe, melon, mango, passion fruit, plum, apricots, any berries and most tropical fruits for a stellar fruit salad. They'll also add color, delightful taste and visual interest to a leafy green salad topped with poppy seed dressing. Peaches make wonderful jams, preserves and butters and a unique fruit salsa, too, when combined with minced onion, cilantro, and a red jalapeño pepper—a perfect accompaniment to grilled chicken, fish or tofu.

Look for peaches that are mildly fragrant and bright. They should be evenly colored, with no hint of green; if they're picked too soon they won't be as sweet and may not ripen nicely. The fruit should give a bit to your touch but not be too soft. Avoid fruit with soft/bruised spots.

To ripen peaches that are hard, place them in a brown paper bag for a few days. Refrigeration can make peaches mealy, but if your peaches are approaching the too-soft stage, you can refrigerate them for a day or two. The best approach is to only purchase what you can soon use—which might be quite a lot of this perfect fruit.

Visit

www.grocery.coop/recipes/summer-melon-salad-with-mint-and-prosciutto/

Visit www.grocery.coop/fresh-from-the-source/peaches/

Dairy Pick of the Month

Our dairy department is always hard at work bringing our community the best in local dairy products. Check out their feature for this month!

Becky's Dairy Pick

Mariekeke Summer Fields Herb Gouda Cheese

Marieke Penterman's journey into the world of cheese began on her family's dairy farm in the Netherlands, where she spent her days surrounded by cows and the rich aroma of dairy. Her love for quality dairy products only deepened when she moved to Wisconsin with her now business partner, Rolf, who had established a 350-cow dairy farm in Thorp.

This new land of opportunity, Marieke found herself missing the taste of authentic Gouda cheese from her homeland. Determined to fill this culinary void, she embarked on a quest to become a licensed cheesemaker. Armed with her bachelor's degree in Dairy Business, Marieke delved into the intricacies of cheese production and researching cheese-making techniques.

In 2024, Marieke earned the coveted Wisconsin Master Cheesemaker certification. Notably, she is only the fourth woman to earn this highly respected title, a testament to her exceptional skill and dedication to the art of cheesemaking.

Today, Marieke Gouda shows her commitment to excellence and tradition. Each wheel of cheese bears the mark of her passion, crafted with the same care and dedication that began on her family's dairy farm in the Netherlands.



Dairy Feature Recipe

Beer & Gouda Cheese Dip

Ingredients

- 2 Tbsp Butter
- 3 Tbsp Flour
- 3/4 C Spotted Cow
- Any Beer Works
- 1/2 C Milk
- 1/2 Tbsp Ground Mustard
- Splash of Worcestershire
- 16 oz Marieke Smoked Gouda



Scan for online recipe or visit

www.mariekegouda.com/posts/beer-and-gouda-cheese-dip



1. In a medium pan, melt butter on low heat
2. Add Flour & Whisk for 2 Minutes
3. Add beer & milk slowly, bring to a simmer
4. Whisk until thick (3-5 minutes)
5. Stir in Mustard & Worcestershire
6. Add in cheese, one handful at a time until melted
7. Serve & Enjoy

UNEARTH A STORY STEAM CAMP

Science • Technology • Engineering • Art • Math

EXPLORE. DISCOVER. CREATE.

STEAM ADVENTURES UNEARTH STORIES EVERYWHERE!

JUNE & JULY

10:00AM – 12:00PM

JUNE 23

Unearth a Story— Archeology

- Cookie Excavation
- Petroglyphs
- Scrolls



JUNE 25

Unearth a Story Uniquely NM

Activities presented by
Grant County 4-H.



JUNE 30

Unearth a Story in the Garden

- GVL garden
pollinators and plants
- Pollinator Bingo



JULY 2

Snakes, Ozobots, Garden Mosaic

- Learn about snakes
- Code with Ozobots
- Garden mosaic
creations



JULY 7

Soils

- Edible soil
- Painting
with soils



JULY 9

Dinos

- Dino-poo detectives
- Shrinky dink
key-chains
- Jurassic Jargon



JULY 14

Party Like an Engineer

- Engineering challenge
- Water party



CREATE. EXPLORE.
BE INSPIRED!



GILA VALLEY
LIBRARY

411 HWY 211
Gila, NM 88038
(575) 535-4343

Seasonal Produce Guide

What to Eat in July

Watermelons

Thirst-quenching and sweet, nothing says summer like a fresh watermelon. Choose watermelons that are heavy for their size and relatively smooth. Watermelons are a good source of vitamins A and C, as well as lycopene, which is said to help protect against certain cancers.

Peaches

A perennial summertime favorite, a perfect peach is one that is super sweet, juicy, and will run down your chin. Though most people eat them on their own, peaches can also be served atop yogurt, on your morning cereal, on a salad, grilled alongside a pork chop, baked into a pie or cobbler or of course, served over ice cream.

Carrots

While carrots are known for their distinctive orange color, some wild and heirloom varieties at the market can be white, yellow, pink, black, or purple. Because market carrots are so fresh, they are often sold with their feathery green tops. Cut these off before storing carrots in the refrigerator and toss them into salads or soups.

Garlic

Not all garlic is created equal, and many local growers have a variety from which to choose. In the spring, look for garlic scapes, which add a subtle garlic flavor to salads and stir-fries, or can be made into pesto.

Black Eyed Peas

Popular in Southern cuisine, black-eyed peas are actually beans named for their distinguishing black eye-shaped mark. Beans can be shelled, then brought to a boil and simmered until soft. For extra flavor, throw a ham hock or strip of bacon into the cooking water.

Grapes

Unlike wine grapes, table grapes have thin skin and can be found in both seeded and seedless varieties. Wait to wash grapes until right before you eat them. Grapes make great additions to salads, fruit salads, curries, or to accompany cheeses.

Peppers

Sweet peppers, such as bells and lipsticks, are incredibly versatile and are higher in vitamin C by weight than citrus fruits. Frying peppers such as Jimmy Nardellos and Shishitos are also a popular market specialty. Looking for some heat? Common hot peppers at New Mexico markets include Jalapeños, Habañeros, Anchos, Poblanos, and Yellow Hots.

Cucumbers

Fresh market cucumbers are very fragrant and flavorful. Depending on the flavor or texture you're looking for, markets offer a wide variety including Sumter, Marketmore, Tendergreen Burpless, Orient Express, Sweeter Yet, Sweet Success, Armenian and Lemon. Try them all to find your favorite!

Summer Squash

While New Mexico strawberries are small compared to those from California, what they lack in size is more than made up in flavor thanks to our dry climate, plentiful sunshine, and knowledgeable farmers. Market strawberries, picked at the peak of ripeness, are a real treat.

Cabbage

Really fresh cabbage from the market is sweeter and more flavorful than conventional, and can weigh up to 10 pounds. Cabbage makes a great base for slaws, soups, sauerkrauts, and stir-fries.

Writings of the Month

Writings from the Ren Pen

By Renya Craig

Untitled

Last night, just before midnight
I stepped into my 72nd year
Reviewing the chapters stacked behind me
calls up the flow and fury of life journey awareness.

Born Free
Indoctrinated
spoon-fed fear

Cautious
Curious
Low self-esteem

Seeking
Searching
Accepting
Adapting
Lost and found

Out of the box
Exploring
Discovering
Healing
Discerning

Awakened
Inspired
Empowered

Carrying the torch
Speaking Inner truth
Believing in me
and the dreams I carry

Stepping Up
Stepping Out
celebrating
all steps taken
portals reached
insights claimed

Crowned Crone
Elderberry Wisdom
and Strength blossoming
fully embracing
embodying and actualizing
claiming my place
in the soulwise circuit ☐☐

Born Deborah
reborn Renya
1954-2026

Freedom

We fight for it

We stand for it

We RISE for it

Freedom is an inside job

every moment, every day

Freedom is liberation

nurtured from within

and radiating out.

What makes a house a home?

the feeling of belonging

grateful, respectful,

resonant support

the things that surround you

imbedded with depth of story

collectibles are enjoyable

decorating is fun

the Eyes of an Artist

is a muscle that builds heart

sparking imaginings

bringing beauty

and meaning to life



my man and I

see eye-to-eye

our love for design

is a cooperative weave

to live in the spirit of union

inside and out

up, down, and all around

is what makes a house a home.

Renya 6.30.26

pondering and putzing

creating a new space

Renya Craig

She Writes, She Clays

To find out more, and to
subscribe to her monthly
newsletter, visit

www.renyacreations.com





SILVER CITY
FOOD CO-OP

We now have **SUSHI!**

The Co-op is excited and pleased to be partnering with Ace Sushi on our fresh daily sushi program. All of the sushi items are prepared in our kitchen from scratch every day. All fish is responsibly sourced from the Atlantic ocean outside of Norway, processed and flash-frozen, then overnight air-shipped to its destination within 24-48 hours. Ace Sushi must sell within 24 hours of creation. Believe us, this is not an issue, because we are currently selling sushi almost as fast as our friend Michael can make it! The response has been overwhelmingly positive, and expectations are officially surpassed. Our sushi program will assist in our financial sustainability, and adds a great category to our growing line up of food choices.

Ace Sushi has long partnered with independent operations in several Co-ops. Among others, Wheatsville Co-op in Austin TX, Briarpatch Co-op near Sacramento CA, Ozark Co-op in Fayetteville AR, and Peoples Food Co-op in Wisconsin feature Ace Sushi. Our sister Co-ops had good things to say about Ace Sushi!

Michael, our Ace Sushi lead chef, has been with Ace for over 2 years. He is passionate about learning everything there is to know about the craft and bringing the best he can to the sushi lovers of the public. He chose to come to Silver City and become the Ace sushi chef for the Co-op because he really likes the area and looks forward to a future here doing what he loves. He is hard at work daily to keep the shelves stocked with fresh sushi favorites for all to enjoy. Thank you, Michael for your hard work and making this awesome opportunity for diverse cuisine in Silver City, New Mexico, a possibility!



Become a Co-op Board Director!

Help us meet our strategic goals

We are now in our new store on Pope Street, and the strategic vision of our growing Co-op to meet our members' and community's needs is more important than ever. The board has a well-developed strategic plan with clear action items (find these on the website, silvercityfoodcoop.coop), and we need your help and insights to meet the strategic goals. Wouldn't you like to be part of the Co-op's growth and future development and help us to implement these aspirational goals? YOU CAN! by participating either on a board committee, or on the board itself.

To ensure we stay aligned with member interests, we are looking for new board members to help guide us through our post-expansion phase. In addition to long-range visioning, directors volunteer their time to act on the Co-op membership's behalf to oversee the protection of the Co-op's assets, hire and monitor the general manager using policy governance, and ensure that the purpose and mission of the Co-op are always considered in our decisions.

In addition, elected board members serve on two of three committees during the duration of their term: Board and Manager Evaluation Committee, Member Connect Committee, and the Election and Development Committee. If you are interested in the Co-op, you can attend a board meeting and see what we do. And/or you may participate on one of the committees as a member-owner (without making a commitment to be a board member) to get a better appreciation of how the Co-op and its board functions. For every 3 hours you serve on a committee, you will receive a Volunteer Discount coupon worth 15% off your next purchase at the Co-op.

How are directors elected?

Co-op member-owners elect directors once a year, with this year's election scheduled for October 5-19, 2026. The length of terms is staggered to always maintain experienced directors on the board, and to ensure adequate training for new directors. This year, an election will be held for four positions – 3 three-year terms running through Dec. 2029, and one two year term running through Dec. 2028.

Board director candidate requirements:

- Be at least 18 years of age.
- Be a Silver City Food Co-op member-owner, in good standing, for at least 90 days prior to the end of the voting period.

NOTE: Household members who are not the member-owner who signed the share certificate are ineligible.

Qualities needed in board candidates:

- Have or be willing to acquire regular email and internet access for communication purposes.
- Be able to attend monthly meetings and one or two annual retreats.
- Be team-oriented and reliable Co-op members with varying backgrounds who are ready to serve the Co-op.
- Experience with business, cooperative models, prior board work, human relations, food industry, finance, real estate, technology, or state law is helpful, but not required.

If you are interested in considering board service, you can find out more about what it means to be a director by picking of a 2026 Board Director Candidate Information Packet at the front desk of the store, or send an email to elections@foodcoopboard.org.

Candidate statements and the election process

Each candidate will be asked to submit a candidate statement of up to 350 words explaining their qualifications and interest in joining the board. Candidates will also go through an interview process with election committee members. Candidate statements and photos will be publicized prior to the election to assist members with their vote selection.

When is the deadline for the board director election?

Submission deadline for candidate statements is August 17, 2026. Board directors will review and recommend candidates who meet the requirements to the membership. Candidates who submit statements after the deadline date, or who do not get board recommendation, may be a "write-in" candidate on the ballot with a petition of 5% of the current active membership (about 100 signatures). Deadline for write-in candidates is Sept. 10, 2026.

Board Election Information

This year's Board election will be held October 5-19, 2026, for terms starting in January 2027. Four positions are open. Candidate submissions are due Aug. 17. Attendance at one or more board or committee meetings is highly recommended. Reach out to **board.scfc@gmail.com** or any board member for more information about joining the board.

If you are interested in becoming a board member, you can participate in the Board in Training (BIT) program in which you can attend several board meetings, participate in online educational forums on various topics related to Co-ops and their functioning, and be assigned a board "mentor" who will be available to answer questions. If you are in this program, you will receive a Volunteer Discount Coupon (15%) for each board meeting you attend. If you find this is not to your liking, you may exit the program at any time. There is a lot of diverse work involved in a well-functioning Board, so the more diversity and enthusiasm on our Board, the more holistically we can provide direction and guidance for the Co-op. Help us in our Co-op's important role of providing healthy and fair food to our community. If you find yourself interested, visit the Board link on our website, reach out to one of our board members or send an email to **elections@foodcoopboard.org**.

Candidate Information for 2026

The Silver City Food Co-op needs skilled and attentive member-owners for effective board functioning. Thank you for considering being a part of the governing body of our Co-op! With your help, we can keep the Co-op growing and thriving

What is the Board of Directors?

The board of directors is the governing body of the Silver City Food Co-op, providing long-range visioning, ensuring the protection of the co-op's assets, hiring and monitoring the general manager, using policy governance, and ensuring that the purpose and mission of the co-op are considered in our decisions.

How are directors elected?

Co-op member-owners elect directors once a year. This year's election is scheduled for October 5-19, 2026.

How many board positions are open for the 2026 election?

Three 3-year terms and one 2-year term are open for 2026.

How long do directors serve?

Directors usually serve a term of three years and may run for re-election. The length of terms is staggered to maintain experienced directors on the board at all times and to ensure adequate training to new directors.

Board director candidate requirements:

- Be at least 18 years of age.
- Be a Silver City Food Co-op member-owner, in good standing, for at least 90 days prior to the end of the voting period. NOTE: Household members who are not the member-owner who signed the share certificate are ineligible.

Desirable Qualifications:

- Have or be willing to acquire regular email and internet access for communication purposes.
- Be able to attend monthly meetings, plus occasional educational sessions, committee meetings, and retreats.
- Demonstrate a commitment to cooperative values and the mission of a member-owned grocery serving the community.
- A basic understanding of governance and strategic oversight.
- Ability to exercise sound judgment and fiduciary responsibility.
- Willingness to strive for consensus.
- The ability to take responsibility for meeting deadlines.
- Effective communication skills: the capacity to work collaboratively and respectfully with fellow directors, management, and member-owners.

Responsibilities for Directors

- Understand and comply with the principles of policy governance and the role of policy while making decisions.
- Attend monthly board meetings. Attendance could be done either online or in person.
- Each director is expected to participate on two of the three Standing Board Committees, which meet on varying schedules, (see addendum).
- Participate in special meetings and trainings, such as executive sessions, member forums, the co-op's annual membership meeting, and trainings as set by the board.
- Attend one or two retreats held each year to build teamwork or work on a specific task related to the strategic plan.
- Speak with one voice. We take our many points of view and come to consensus as a board before communicating with the community.
- Perform duties with confidentiality. During board tenure, directors agree to honor our Directors' Code of Conduct (see addendum) for sensitive issues and continue to honor confidentiality after leaving board service.

Candidate Information 2026

Suggestions Offered to Potential Candidates

- Attend at least 1-2 board meetings prior to the election, and/or participate in the Board in Training (BIT) Program (see addendum).
- Attend one or more of the board's committee meetings.
- Talk with current or past directors.

Candidate Statements and the Election Process

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When is the deadline for the board director election?

The submission deadline for candidate statements is August 17, 2026. Board directors will review and recommend candidates who meet the requirements to the membership. Candidates who submit statements after the deadline date, or who do not get board recommendation, may be a "write-in" candidate on the ballot with a petition of 5% of the current active membership. The deadline for write-in candidates is September 11, 2026.

Board Compensation

Board members are compensated with their choice of EITHER a 20% discount on co-op purchases, or monthly gift card of \$100. (Officer compensation is higher.) Also, some ordinary and extraordinary expenses incurred by board members are reimbursable, such as mileage, internet/phone/computer costs, paper and toner costs (printing), and dependent costs. In addition, out of town board trainings are reimbursed for travel, food, and lodging costs. Reimbursements for childcare available if needed to attend board functions.

Candidate Statements and the Election Process

Each candidate will be asked to submit a candidate statement up to 350 words explaining their qualifications and interest in joining the board. Candidates will also go through an interview process with elections committee members. Candidate statements, Q and As and photos will be publicized prior to the election to assist members with their vote selection.

Where can member-owners find further information?

Please contact our board election committee: elections@foodcoopboard.org

You are also encouraged to visit the board page of the Silver City Co-op website: <https://www.silvercityfoodcoop.coop/board-of-director> to review our bylaws, articles of incorporation, and our mission, vision, values, and strategic plan.

Thank You for your Interest!



**SILVER CITY
FOOD CO OP**

Have you wondered what the board does and whether becoming a director might be a place to apply your skills?

Have you considered the possibility of serving on the board of directors, but are wondering whether you know enough about the board's work to commit to a three-year term?

Our BIT (Board Member In Training) Program might be just right for you!

If you are interested in being a board member in training (BIT), here are the next steps:

- Review this flyer and let a current board member know that you would like to be a BIT.
- Make a commitment to attend three board meetings. If you find that being a BIT is not to your liking, you may exit the program at any time.

After you make your commitment and are approved by the board, you will:

- Receive a short board orientation.
- Be assigned a "board mentor" who will be available for any questions.
- Receive the board agenda and packet of materials each month a week prior to the board meeting.
- Be encouraged to participate in one board committee.
- Receive a Volunteer Discount Coupon (15%) for each board meeting you attend.

The BIT Program will run from May through September. The election will take place in October. The board will have no more than three BITs at a time.

Please consider this immersive new program, come and learn about being a director of our co-op! For more information, please **contact elections@foodcoopboard.org**

More ways to get involved!

The Board of Directors would like to invite Member-Owners to become more active in the Co-op!

We have several committees that are open for member participation. Once you dip in and get your feet wet, you may find you want to have even more of a voice and run for board election later this summer.

Email the board if you have any questions, or check out the QR codes/links below for additional information.

Board email: elections@foodcoopboard.org

Member Connect Committee

Are you Socially Inclined?... Do you enjoy planning events, educational outreaches and forums?

Member Connect Committee serves as a conduit for information from member-owners to the board. Committee members will assist in conveying communication from the board of directors to the member-owners. Meets seasonally or as needed.

https://www.silvercityfoodcoop.coop/_files/ugd/64e514_39f06fde41634fcdb163499c45250c02.pdf



Are you Democratically Motivated?.... Do you like organizing free and fair elections, recruiting candidates, getting the vote out?

Election and Development Committee recruits and vets candidates for the board of directors. Meets seasonally or as needed. The committee shall be composed of a minimum of three directors and up to two member owners. Due to the sensitive and confidential nature of the candidate process, member owners must be confirmed by the board before joining the committee.

https://www.silvercityfoodcoop.coop/_files/ugd/64e514_6b41181dd291440e8fc9814275612777.pdf

A festive background featuring a variety of colorful balloons (purple, red, yellow, blue, green, orange, pink) at the top, with a large yellow and green speech bubble containing the main title. The entire page is decorated with scattered confetti, including stars and small geometric shapes in various colors.

Happy Birthday Co-op!

Saturday, August 15th

12:00-4:00

Pocket Park

Next to the Co-op

The Silver City Food Co-op is celebrating their 1
year birthday at the new location!

Join us for a day of community, food, music, and celebration.
We will have a reduced hot-bar lunch for the whole family, as
well as local vendors and live music.

Bring the whole family and celebrate our local Silver City Food
Co-op!



Become a Member

Explore the benefits of becoming a member/owner

Anyone can become a member!

Membership can be completed online or in person with any of our cashiers! Membership gets special discounts 7 times a year on select products, equity in the Silver City Food Co-Op, and 1 vote for yearly board elections.

Sign up online at www.silvercityfoodcoop.coop under the Membership tab on the menu bar, or scan the QR code to the right to take you directly to the website.



No browser? No problem! Come in and talk to our customer service staff and they will get you signed up!

What is Equity?

Membership in the Food Co-op is \$25 per year and provides one year of member benefits, after which a new share must be purchased to continue. The amount you pay is tracked as equity in your name and is cumulative over time. Upon termination, you may request a refund of your equity, subject to approval by the Board of Directors, minus any outstanding balances and processing fees. Equity is always at risk and may not be transferred except when the Board authorizes it. If you remain inactive for five years without providing a current mailing address, your equity will be considered a gift to the Co-op.

Each membership account has one Member of Record, who alone may update household information, add household members, vote, and run for Board positions. Household members listed on the account may shop and receive member pricing but do not have voting rights. Every member has one vote regardless of the amount of equity held, provided a share has been purchased within the past 365 days; proxy voting is not permitted. By joining, you agree to uphold the mission, values, and bylaws of the Co-op. Full copies of the bylaws and Articles of Incorporation are available at www.silvercityfoodcoop.coop

Monthly Discounts

Co+Op Deals: July 1st–July 14th

more fabulous deals!



on sale now!



Goodpop
Frozen
Novelties

4.99 9-13.2 fl. oz. **Co+Op deals.**

on sale now!



The Good
Crisp
Potato
Chips

2/\$6 5.6 oz. **Co+Op deals.**

on sale now!



The Good
Crisp
Cheese
Balls

2.79 4 oz. **Co+Op deals.**

on sale now!



Mary's
Gone
Crackers
Original
Crackers

2/\$6 4 oz. **Co+Op deals.**

on sale now!



Vita Coco
Coconut
Water

4.39 33.8 fl. oz. **Co+Op deals.**

everyday low price!



Field Day
Roasted
Almonds

6.99 12 oz. **Co+Op basics.**

on sale now!



Primal
Kitchen
Mayo

7.99 12 fl. oz. **Co+Op deals.**

on sale now!



Alba
Botanica
Mineral
Sunscreen

8.99 2 fl. oz. **Co+Op deals.**

everyday low price!



Field Day
Jumbo Roll
Paper Towels

9.99 6 ct. **Co+Op basics.**

For more deals this month, visit our website or scan the QR code to the right!

<https://www.silvercityfoodcoop.coop/sales>



Monthly Discounts

More deals July 15th–August 4th

more fabulous deals!



Hispanic-owned

Fillo's
Walking
Tamales

**inclusive
trade**

2/\$4 4 oz. **Coop deals.**



on sale now!

Siete Tortilla
Chips

3.79 7.5 oz. **Coop deals.**



on sale now!

Smart Chicken
Party Wings

5.99 per pound **Coop deals.**



on sale now!

Bionaturae
Organic
Pastas

2/\$6 16 oz. **Coop deals.**

Coop deals.

Woman-owned



Fishwife
Smoked
Rainbow
Trout

**inclusive
trade**

7.49 3.7 oz. **Coop deals.**



on sale now!

Johnny
Pops
Frozen
Novelties

5.49 6.72-14.8 fl. oz. **Coop deals.**

on sale now!



everyday low price!

Field Day
Coconut
Water

4.49 33.8 fl. oz. **Coop basics.**



Vergil's
Sodas

5.49 4 pk.-12 fl. oz. **Coop deals.**

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Member Appreciation Days!

February/March
2 days, 10% off

June/July
2 days, 10% off

September
1 day, 10% off

November/December
2 days, 10% off

Become a member and save! 7 trips
per year for extra savings!

RAIN CHECK

Sorry we are out.
Lettuce make it up
to you!



We now have rainchecks
to give our member/owners
and customers
better service!



We will happily carry
your purchases
to your vehicle,
wherever you're parked!



Renew
your membership
and reap
the rewards!

MAD seven times a year!
Members Only Specials!
Discounts on Special Orders!
You'll be supporting our local
& regional food shed &
you'll help to build a resilient local economy.
You Own It!



Give a
gift card
to a friend!

Give the gift of health,
nourishment and taste.



WE'RE ONLINE!

www.silvercityfoodcoop.coop



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Follow us!

